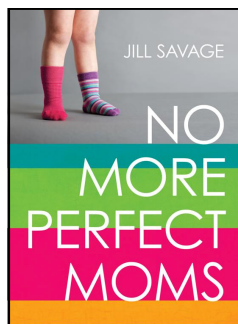


Moms Should Be Perfect, Right?

Hearts at Home Founder & Leader Jill Savage Challenges Moms to Trade Perfection for Authenticity



Moms would like to be perfect for their kids, but many struggle every day, wondering if they'll ever get it right. Maybe she's forgotten to pick up her kids from soccer practice, or she's lost patience with the little people who call her mom, or maybe she's been on aisle five at the grocery store and noticed that she was wearing two different shoes. Major problems and minor troubles can conspire together to convince a mom that she's just not enough—especially if she compares herself to the perfect moms she thinks she knows. They seem to have grasped the perfect life that constantly eludes her, and she just never feels like she's the perfect mom she wants to be.

In her new book, *No More Perfect Moms*, author, speaker, and Hearts at Home founder, Jill Savage, brings hope and clarity for every mom who's wondered what is wrong with her. Using powerful stories and illustrations, Savage talks heart-to-heart to women about what it means to trade the ideal of the perfect mom for the reality of a mom who lives an authentic, honest, God-inspired life.

Bravely sharing real examples from her own life, Savage—a mom of five—is quick to point out her own imperfections. Moms will love her down-to-earth writing style, as she talks about topics like:

- The Perfection Infection: why perfection never works.
- How to stop the “What’s Wrong with Me” thoughts moms struggle with.
- How to trade in your mom mask for a new view on life.
- How to have your own reality check: stop looking at the mom you aren't and start looking at the mom you are.
- How to trade pride for godly confidence in your everyday life.

In addition to the book, moms can also visit www.NoMorePerfectMoms.com for a free leader guide, a 31-day email challenge, Savage's blog, and many additional resources, including videos designed for small group use. Refreshingly honest, *No More Perfect Moms* is a book filled with humor, truth, and plenty of help for all moms. Targeted to moms of all ages, the book is also a great small group or moms' group resource to help moms stop comparing and start really living.



Jill Savage is an author and speaker who is passionate about encouraging moms. She is the author of eight books including *Real Moms...Real Jesus*, *Professionalizing Motherhood*, *My Heart's at Home*, and *Living With Less So Your Family Has More*.

Featured in *Focus on the Family*, *Today's Christian Woman* magazine, and *Family Life Today*, Jill is the founder and CEO of Hearts at Home, an organization that encourages, educates, and equips every mom in every season of motherhood. Savage and her husband, Mark, have five children and three grandchildren. They make their home in Normal, Ill. For more information, visit www.JillSavage.org and www.HeartsatHome.org.

***No More Perfect Moms* by Jill Savage** **For Immediate Release**

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